

Camino de Santiago

PACKING LIST



Packing for the Camino de Santiago pilgrimage involves preparing for diverse weather, long distances on foot, and comfort needs while traveling light. Here's a comprehensive packing list for a comfortable and practical journey:

ESSENTIALS

- ❑ Passport
- ❑ Pilgrim Credential (provided by Progressive Pilgrimage on arrival)
- ❑ Debit/Credit Cards & Euros (for small towns without ATMs)
- ❑ Guidebook or Camino App (maps, accommodation, routes)

BACKPACK

- ❑ Daypack (lightweight and comfortable)
- ❑ Rain Cover for backpack

(Progressive Pilgrimage provides luggage transfer services, allowing pilgrims to bring a regular suitcase. Each pilgrim is permitted one piece of luggage weighing up to 18kg)

CLOTHING

- ❑ Quick-Dry T-Shirts
- ❑ Extra pairs of Quick-Dry Hiking Pants/Shorts
- ❑ Lightweight Fleece or Sweater
- ❑ Lightweight Rain Jacket/Poncho (waterproof)
- ❑ Pair of Hiking Boots/Shoes (well broken-in and supportive)
- ❑ Pair of Lightweight Sandals/Flip-Flops (for evenings and showers)
- ❑ Pairs of Hiking Socks (moisture-wicking)
- ❑ Pairs of Underwear (quick-dry)
- ❑ Sun Hat and Buff/Neck Gaiter (for sun protection)

SLEEPING GEAR

- ❑ Earplugs and Eye Mask (if your pilgrimage includes hostel stays)

TOILETRIES

- ❑ Toothbrush & Toothpaste
- ❑ Soap & Shampoo (solid bars save space)
- ❑ Deodorant
- ❑ Hairbrush/Comb
- ❑ Washcloth (quick-dry, travel-sized)
- ❑ Sunscreen (high SPF)
- ❑ Hand Sanitizer
- ❑ Basic Makeup & Personal Hygiene Items

HEALTH & FIRST AID

- ❑ Blister Kit (compeed, moleskin, blister plasters)
- ❑ First Aid Kit (band-aids, ibuprofen, antiseptic wipes, etc.)
- ❑ Anti-Chafing Balm
- ❑ Personal Medications

TECHNOLOGY

- ❑ Phone & Charger
- ❑ Portable Power Bank
- ❑ European Travel Adapter
- ❑ Earphones
- ❑ Notepad & Pen

FOOD & DRINK

- ❑ Water Bottle (lightweight, refillable)
- ❑ Small Snack Bags (nuts, dried fruit, energy bars)

OTHER

- ❑ Trekking Poles (for stability on rough terrain)
- ❑ Laundry Soap (for hand-washing clothes)
- ❑ Safety Pins or Clothespins (for hanging laundry)
- ❑ Swiss Army Knife or Multi-Tool
- ❑ Small Sewing Kit (for repairs)

Buen Camino!